



# The Adventurer



Weekly News About Life Enrichment, a program of Senior Connections

## Fall Open House

Fall. It's right around the corner and so is the start of our Fall classes. Starting October 5 you can be part of all of the fun and excitement. You would like to know more? Then you have come to the right place because today is our kickoff to the Fall Session and we call it Open House. Welcome! We're glad you're here!

If you have never been to Life Enrichment, we start each of our quarterly sessions with an Open House, showcasing our classes and trips, providing you with the opportunity to learn more about us and the benefits we offer. You can also meet our terrific instructors and some of our wonderful sponsors.

What? You haven't enrolled in a class yet? What are you waiting for? Come join us! Sign up for your "Adventures in Learning" classes and trips of your choice today!

## Adventures In Learning

If this is your first time visiting, you may be wondering exactly what are Adventures in Learning? Simply defined they are classes, trips, and programs for adults 50 and over. At Life Enrichment, we'd like to think it's more than that. We'd like to think that it's a way to explore opportunities and do things you might not have done for yourself before finding out about us. We like to think of it as another way to have fun. Come join Line Dancing with

our new instructor, Pedro Florante Baylon. We share him with the North DeKalb Center where we are told that the ladies are crazy about him. After participating in one of his classes, I can see why. I got to participate today and talk about having a good time!

Perhaps you'd also enjoy ballroom dancing or doing the tango. All are available for your enjoyment.

Tommye Mueller is back and this time she is going to teach you to draw and shade in pencil and/or colored pencil. Do you want to take computer classes? How about learn Spanish? Even if you're not a poet at heart, you can learn to write like the famous poets by enrolling in Beginning Italic Calligraphy. Perhaps you'd like to increase your strength and stamina with exercise.

We have so much to offer you this Fall; art classes, theater crafts, drumming, jewelry making, online banking courses, learn the fundamentals and basics of picture taking and your digital camera and so much more.

For more information and to enroll in your favorite classes, please see the catalog and enrollment form on page 28.

## Terrific Thursdays

While Terrific Thursdays are only a part of LE, they are—well—terrific, and we think you'll see why. How about our First Hour Courses from 9:30—10:30 am? Choose "Your Health, You're Worth It!" or the returning "What's New?" Second hour courses are from 11:00am—12:00 pm and you can choose from "Aging is Risky Business—Don't Go It Alone!", "Financial Fitness",

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## Special Discounts from Travel Aires!

For each new participant you get to sign up for one or more of our courses or Travel-Aires trips, you receive a \$10 discount on any of our services. This credit is per person signing up; if you have 2 people sign up, you will get a \$20 credit and so on. So please introduce your friends & relatives to the many interesting and reward programs at Life Enrichment Services and reap the benefits!



### Life Enrichment

*Living and Learning for Life!*

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[www.lifeenrichmentservices.org](http://www.lifeenrichmentservices.org)

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**Our mission is to maximize independence for seniors through advocacy, information and services.**

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**Terrific Thursdays**

or "England from the High Middle Ages to the Present (1312-2009). Terrific Thursdays also includes our Lunch 'n Learn program from 12:00—1:00 pm which covers a variety of topics with varied speakers. This portion of the program does include several complimentary lunches. We've got a great lineup of speakers and topics for our one hour courses, so don't miss out.

Terrific Thursdays doesn't end there. That only scratches the surface.

How about taking up woodcarving? There are beginning and intermediate levels. The pieces that our students produce are really works of art. (Note: Anyone taking Coumadin need not apply.) Maybe you'd like to join our Quilting Bee. They start with pieces of cloth that become a truly beautiful labor of love. Like to play cards? Sign up for Bridge, Mah Jong or Canasta & Pennies. Maybe you enjoy watercolor and mixed media.

In addition to the morning classes, if you are interested in learning more about Nintendo Wii, join us from 10:00 am—12:00 noon. See why we say Thursdays are terrific here at LE? Tuition for the 8-week program is \$40. Please see the registration form on page 28 of our Fall catalog.

**Travel to Destinations Unknown & Everywhere in Between**

How about spending five days and four nights in fabulous Las Vegas? Or a day trip to the north Georgia mountains where you'll visit Blue Ridge and take in the spectacular Fall colors by train. Perhaps you

feel you want to add some culture to your evening and would like to attend the opera. We are offering two this session for you to take pleasure in. Maybe you just want to spend the day at the museum. We have several trips planned for your enjoyment. Where does all of this fun, history, relaxation and pure enjoyment come from? Why Travel-Aires, of course! Our travel agency of choice here at Life Enrichment with Carol Lannon at the helm as Travel Director. Membership is only \$25 and benefits include first choice for trips and notice of special "spotlight" trips.

**Megan's Corner**

This is a new feature that you will see periodically and will be from our Director, Megan Moulding. Bettering the communication between our members and what is going on with Senior Connections. Megan also wants you to know that her door is always open and if you have something you'd like discuss with her or just want to say hi, please do, or if she's not here, just leave her a message to make an appointment and she'll get back with you as soon as she can.



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