



The Adventurer



Weekly News About Life Enrichment, a program of Senior Connections

Adventures In Learning

We're ready to start the Fall session of classes, are you? We kicked off last week with one of our most successful Open Houses. Turnout was terrific from our instructors and sponsors, and they each gave such entertaining and informative presentations about their classes, making it hard to decide which ones to sign up for. There was Pete Marino, our Drumming instructor, who decided to make his presentation interactive by getting us all involved in teaching the basics of how to keep a beat. For most of you, this came very easily; Pete told us it would. For this Editor, well, I think I better sign up for his class! Dan Gasparrini had us laughing with his fun and humor telling us about his classes, "Getting to Know Your Laptop" and "Searching the WWW for Life Long Learning". Francine Kohler showed us how much fun her class, "Ballroom Dancing" is going to be by tripping the light fantastic across the floor with her husband, Harrison. They were delightful.

This is just a small sample of what you missed if you weren't able to attend; but hopefully it will give you some idea of all of the fun. So if you haven't signed up for your classes of choice, of which there are many, don't wait any longer. Enroll today!

Terrific Thursdays Starts October 1

Remember—Terrific Thursdays starts in two weeks because you don't want to miss it. You're probably thinking to yourself that classes aren't supposed to start until the week of October 5. We thought it would be a great idea to start the session early by offering you two terrific speakers and a complimentary lunch.

10:45—11:45 am will be Chip Fortenberry and he is sharing his stories with us by giving us 10 minute monologues on life. Come enjoy!

12:00—1:00 pm
Lunch 'n Learn

Ms. Hill from Fire & Rescue with a lecture on fraud. A very timely topic nowadays and one that none of us can have too much information on. Lunch will be provided so sign up with Marie today!

We will have three speakers at their regularly scheduled times starting the following week, October 8. The topics covered this session are based on what you told us you would like to hear. Your feedback is appreci-

ated. We hope you'll enjoy!

Supplement to Fall Catalog
As it happens sometimes, some changes, corrections and added classes were implemented after "Adventures In Learning" went to print. You can view the supplement by going on line to our websites:

www.lifeenrichmentservices.org

or

www.srconn.org

Supplements are also available at the front desk. We would also like to note that the correct price to the class "Finding Your Family on the Census" is \$20; not \$40 as originally listed.

(cont. on page 2)

Travel-Aires



Upcoming Trips:

Atlanta Opera, "The Elixir of Love", 10/6, \$60

"Julius Caesar" at Oglethorpe, 10/18, \$30

Michael Carlos Museum, 10/19, \$20

For further information about our trips and membership, call Carol Lannon, Travel-Aires, at 404-321-6960. If you have not traveled with us yet, come join us! Annual membership is \$25.

Life Enrichment

Living and Learning for Life!

1340 McConnell Drive

Decatur, GA 30033

404-321-6960

www.lifeenrichmentservices.org

www.srconn.org

Senior Connections' mission is to maximize independence for seniors through advocacy, information and services.

(cont. from page 1)

Supplements to Fall Catalog

Would you like additional information about finding your family and these topics in a more in depth manner? Ms. Sloan is also offering sessions on an individual basis. This is in addition to the currently offered two classes. For further information regarding one on one sessions, please contact Marie.

Annual SPARC Health Fair Reminder—October 22

The lineup for this year's SPARC (Sickness Prevention Achieved Through Regional Collaboration) Health Fair has been inked in, and it is bigger and better than last year. More will be offered all as a benefit to you and your health. This is a program of the Atlanta Regional Commission Area Agency on Aging in Cooperation with Community Partners in DeKalb, Fayette and Fulton Counties. See you and your friends there!

Community Connections Day at Senior Connections (Rain or Shine)

Come join us this Saturday, 9/26, from 11:00 am—3:00 pm for an afternoon of fun at the main office of Senior Connections. They are holding a fair that will showcase other non-profit organizations that we support, as well as supporting us. There will also be tons of fun things for the kids to do; so bring the family and make a day of it. Connecting with your community is important, and this is a great way to do it. The Connections Café will be open for you to enjoy, and you'll be able to use the coupon that was in the packet of info you received last week at Open House.

Future Office Closings Due to**Inclement Weather**

As the recent flooding has shown, many offices had to close and the public schools were closed in all counties. Senior Connections and all of its Centers follow the safety directives of DeKalb County. Please be advised in the future if DeKalb County closes the schools for the day, we will be following suit and all offices will be closed. If you have questions on a certain day, please call (404) 321-6960 where you can hear of any change.

Megan's Corner

Megan would to extend her deepest appreciation and thanks to everyone—instructors, sponsors and participants for making Open House last week such a great success and so much fun. She would also like to thank the behind the scenes crew for all of the hard work and awesome organization in putting the event together to make it the success it was. Thank you! Thank you! She also would like to extend an apology for any confusion or inadvertent oversights in the printing of the catalog. She appreciates you letting her know and she promises that we are just going to keep getting better. With everyone's assistance it is happening!

Thanks to our Sponsors:

D.K. LIPPY
CONSTRUCTION CO.



1980 - 2005



PERSONAL CARE, INC.



GREAT OAK
MORTGAGE CORPORATION

Health & Wellness Programs

To schedule an appointment today, or for more information, call 404-321-6960
 Massage Therapist, Laurie Findlay
 Reflexologist, Monika Hamilton
 Mobile Day Spa, Vanessa

Reflexology

1st & 3rd Mon. 11:00 - 4:00 p.m.
 Wed. 11:00 a.m. - 4:00 p.m.

Cost: \$50 for one hour.

Facials, Manicures & Pedicures

Thursdays 10:00 am—4:00 pm
 Fridays 9:00 am—1:00 pm
 Call 770-855-0421 for appointment

Massage Therapy

2nd & 4th Mondays
 9:15 am - 12:15 pm
 Tuesdays 9:15 a.m. - 4:30 p.m. **Cost:**
 \$25 for 30 min; \$50 per hr

Gift Certificates Available

New! Reiki offered 2nd & 4th Mondays, 1-4 pm, \$50 Call Patricia at (770) 498-1182