



# The Adventurer



Weekly News About Life Enrichment, a program of Senior Connections

## Adventures In Learning

Ready for another week of fun? Here's what's going on this week and it is plentiful!

### Terrific Thursdays

9:30—10:30 am

Chip Fortenberry is going to give us an encore presentation of his wonderful 10 minute skits. He's going to need some participants to join in the fun.

10:45—11:45 am

Cathy Mendelsohn from the Governor's Office of Consumer Affairs will be speaking on "Consumer Protection"

12:00—1:00 pm

Lunch 'n Learn

There will be no Lunch 'n Learn session this week due to the SPARC Health Fair. The session will resume next Thursday, 10/29; so if you haven't signed up for lunch next week, please remember to do so.

### SPARC Annual Health Fair Today

We have flu shots! Not only do we have flu shots, we also have pneumonia and tetanus vaccines, blood glucose screening, bone density screening, cholesterol screening and much more. Make sure you join us today from 10:00 am—2:00 pm downstairs at the Life Enrichment/Mack Love Building.

**IMPORTANT:** If you are enrolled in a Medicare Advantage Plan, please check with your provider about preventative coverage.

### Don't Miss Out

It's not too late to sign up for the following classes that are still available:

5110—Finding Your Family on the Census—Susan Sloan, \$20 (1 session) 10/26 from 1:00 pm—3:00 pm.

6060—Perk Up Your Travel Picture Taking—Bob Siegmann—\$20 (2 weeks) 11/10 & 11/17 from 1:00—2:00 pm.

0058—Keeping Your Mail Organized—Joe Loisel—\$75 (4 weeks) 11/11—12/9 from 11:30 am—1:00 pm.

5160—Online Banking and More—Connie Cothran—\$10 (1 session) 11/17 from 10:00 am—12:00 pm

5130—Computer Genealogy—Susan Sloan—\$20 (1 session) 11/23 from 1:00 pm—3:00 pm

### Aging is Risky Business Cancelled

This class has been cancelled due to lack of participation. If you are signed up for this class, we apologize for any inconvenience this may cause. There are two other classes being offered in this same time slot—

#### Life Enrichment

*Living and Learning for Life!*

1340 McConnell Drive

Decatur, GA 30033

404-321-6960

[www.lifeenrichmentservices.org](http://www.lifeenrichmentservices.org)

[www.srconn.org](http://www.srconn.org)

Senior Connections' mission is to maximize independence for seniors through advocacy, information and services.

Financial Fitness (2201) and England from the High Middle Ages to the Present (2202), and you may choose either one instead. Thank you!

### The Farmer's Market Has Returned

Just another reason Thursdays are Terrific. Valencia is back and will be bringing her delicious, seasonal produce every Thursday, starting today from 10:00 am—1:00 pm. So unless we have inclement weather, you can look forward to healthy, yummy produce every Thursday. Times may also vary. If interested, you can call the office to confirm status.

### Travel-Aires



### Upcoming Trips:

Blue Ridge Scenic Fall Color Tour, 10/30, \$60

Tellus Museum, Northwest Georgia Science Museum, 11/2, \$35

Atlanta Opera, "Orfeo Euridice", 11/17, \$60

For further information about our trips and membership, call Carol Lannon, Travel-Aires, at 404-321-6960. If you have not traveled with us yet, come join us! Annual membership is \$25.

**Instructor's Agreements Needed**

All agreements are needed this week if you are interested in being an instructor for the Winter Session. You can email them to Natasa Bilic at [Nbilic@srconn.org](mailto:Nbilic@srconn.org) or drop them by the office for her.

**Winter Open House/Instructor Fair, December 10**

Save the date and mark it on your calendar, Thursday, 12/10. We encourage all of our instructors whether you are past, present or new to take part in this Fair so that our students can get first hand knowledge about the class you will be teaching for the Winter Session. The more information and interest that you are able to generate, the more likely they will want to sign up for your class. We had a great turnout at the Fall Open House, and everyone had a great time. Please get with Natasa Bilic as soon as possible. We look forward to seeing everyone there, students and instructors.

**Advertising Needed for Winter Catalog**

The Winter edition of *Adventures in Learning* will be going to print the week of November 9. If you or someone that you know would like to advertise in the catalog, please call Jeff Upshaw at (770) 451-7602 or email him at [JUpshaw@srconn.org](mailto:JUpshaw@srconn.org). Prices are very reasonable and everyone can always use some good press.

**Classic Movie Evenings**

We need your input! How about Wednesday Classic Movie Evenings here at LE? Have you had "Breakfast At Tiffany's" lately with Audrey Hepburn? Maybe you'd like to experience some real romance the way it ought to be by traveling to "Casablanca" with Bogey and Ingrid Bergman, or have

"An Affair to Remember" with that handsome, always debonair Cary Grant and lovely Deborah Kerr. These are just a few of the ideas that Natasa has come up with for this fun evening. Eight weeks of the best of the best classics of all time for \$10. Best deal in DeKalb County and it wouldn't be complete without popcorn. Please take a moment to complete the survey that is at the front desk so that we can include the movies that you want to see, then stay tuned for further information in the Winter catalog and future issues of *The Adventurer*".

**Look Out for Some Course Teasers**

Have you ever just wondered what drumming would be like, but you weren't sure about committing to eight weeks? How about the benefits and history of aromatherapy—it dates back some 2,000 years BC. There is also an overview of the photography classes being offered and Beginning Spanish for Travelers. If you've ever not been sure but wanted to try it out, here are some Teaser Classes for you. A one day class with each of them being only \$20. It is an excellent, fun and informative way to get to check things out. Piqued? Keep your eyes peeled for further information.

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 9:15 am - 12:15 pm  
 Tuesdays 9:15 a.m. - 4:30 p.m. **Cost:**  
 \$25 for 30 min; \$50 per hr

Gift Certificates Available

New! Reiki offered 2nd & 4th Mondays, 1-4 pm, \$50 Call Patricia at (770) 498-1182